

Potential role of bradykinin and its receptors in COVID-19

Potencjalna rola bradykininy i jej receptorów w COVID-19

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Summary

Bradykinin (BK) is a nonapeptide that belongs to the kinin family. It is an active inflammatory mediator that exerts multiple different effects via its B1 and B2 receptors (B1R and B2R); however, its role has not been fully elucidated so far. It is known that B1R and B2R interact with angiotensin-converting enzyme (ACE)-2 protein, which acts as a receptor for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) that causes coronavirus disease 2019 (COVID-19). By degrading BK to its desARG9-BK metabolite, ACE2 leads to B1R activation, which triggers a release of pro- and anti-inflammatory cytokines in an immune response to infectious pathogens. On the other hand, ACE2 stimulates the expression of B2R by activating the ANG(1-7)-MasR axis which is essential for proper endothelial function. A controlled increase in B1R-mediated cytokine release during SARS-CoV-2 cell entry may be considered a normal immune response aiming to prevent infection. However, if regulatory mechanisms fail, the increase in proinflammatory cytokine release may lead to progression of infection, endothelial activation, and onset of symptoms, including organ involvement. Available data strongly suggest that BK and its receptors are involved in the pathomechanism of COVID-19 and linked by various feedback mechanisms to ACE2, ACE1, as well as angiotensin II (ANGII) and its receptors. As expression of these pathways is likely to change dynamically throughout different stages of COVID-19, novel treatment options that target these pathways along with close monitoring of their activity should be developed.

Keywords: ACE2, angiotensin II, bradykinin, COVID-19, crosstalk receptors

Streszczenie

Bradykinina (BK) jest nonapeptydem należącym do rodziny kinin. Jest aktywnym mediatorem stanu zapalnego, który wywiera wiele różnych efektów poprzez swoje receptory B1 i B2 (B1R i B2R), jednak jej rola nie została do tej pory w pełni wyjaśniona. Wiadomo, że B1R i B2R oddziałują z białkiem konwertazy angiotensyny (ACE)-2, która działa jako receptor dla koronawirusa 2 (SARS-CoV-2), wywołującego chorobę COVID-19. Poprzez degradację BK do jego metabolitu desARG9-BK, ACE2 prowadzi do aktywacji B1R, co wywołuje uwalnianie cytokin pro- i przeciwzapalnych w odpowiedzi immunologicznej na patogeny. Z drugiej strony, ACE2 poprzez aktywację osi ANG(1-7)-MasR, stymuluje ekspresję B2R, która jest niezbędna dla prawidłowej funkcji śródbłonna. Kontrolowany wzrost uwalniania cytokin indukowany przez B1R podczas wnikania SARS-CoV-2 do komórek może być uznany za normalną odpowiedź immunologiczną zapobiegającą zakażeniu. Jeśli jednak mechanizmy regulacyjne zawiodą, wzrost uwalniania cytokin prozapalnych może prowadzić do progresji zakażenia, aktywacji śródbłonna i nasilenia objawów, w tym zajęcia narządów. Dostępne dane jednoznacznie sugerują, że BK i jego receptory są zaangażowane w patomechanizm COVID-19 i powiązane na drodze różnych mechanizmów sprzężenia zwrotnego z ACE2, ACE1, a także angiotensyną II (ANGII) i jej receptorami. Ponieważ ekspresja tych szlaków prawdopodobnie zmienia się dynamicznie w różnych stadiach COVID-19, należy opracować nowe opcje terapeutyczne ukierunkowane na te szlaki, ściśle monitorując ich aktywność.

Słowa kluczowe: ACE2, angiotensyna II, bradykinina, COVID-19, receptory-krzyżowo zależne

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Abbreviations:

ACE – angiotensin-converting enzyme

ANGII – angiotensin II

BK – bradykinin

BR – bradykinin receptor

CAS – contact activation system

C1-INH – C1 inhibitor

COVID-19 – coronavirus disease 2019

DABK – Des Arginin 9 Bradykinin

ERDF – endothelium-derived relaxing factor
FVII – coagulation factor VII
FXII – coagulation factor XII (Hageman Factor)
IFN-γ – interferon gamma
IL – interleukin
KKS – kallikrein kinin system

NO – nitric oxide
PGI2 – prostacyclin
RAAS – renin-angiotensin-aldosterone system
SARS-CoV-2 – severe acute respiratory syndrome coronavirus 2
tPA– tissue plasminogen activator

The course of the COVID-19 infection is various, changing, difficult to predict and ranges from asymptomatic to life-threatening conditions [1, 2, 3, 4, 5, 6, 7, 8, 9]. The majority of COVID-19 infections (in about 90% cases) are asymptomatic or manifest the mild symptoms (dry cough, fever, loss of sense of smell & taste, fatigue, myalgia, conjunctivitis). In the early mild symptoms phase – lasting usually 2-5 days - SARS-CoV-2 penetrates into the body and the asymptomatic patient can transmit the virus. This phase seems to be a period of unspecific/specific humoral and cellular immunity reaction which in majority of patients ends with full recovery. But about 20% of patients rapidly progress to severe illness (lasting 5-10 days) caused by infection of cells in the lower respiratory tract and develop bilateral pneumonia, acute respiratory distress syndrome and sometimes also multi-organ dysfunction [1, 10]. Patients who develop more severe forms of disease, present with high fever, dry cough and shortness of breath.

Laboratory studies show leukopenia, eosinopenia, neutrophilia, lymphopenia, elevated liver enzymes, increase of C-reactive protein, ferritin and hypokalemia as well as IL-2, IL-6 [1, 2, 5, 11, 12, 13, 14] and often reduced vitamin D3 level [15]. Some authors indicate the abnormal coagulation parameters [16, 17] as well as elevated activity of ANGII [6] in patients which after a few days of the mild symptoms phase progress to severe illness. Almost 10% of these critically ill patients die. Autopsies and histological analysis indicate extensive hyaline membrane in the exudative phase of diffuse alveolar damage [1, 7, 18, 19, 20, 21, 22, 23], pneumonitis with disruption of the epithelial-

endothelial barrier, diffuse alveolar damage with severe capillary congestion and various findings of lungs and other organs suggesting vascular dysfunction, endothelial damage, complement deposition, blood clotting, systemic microangiopathy indicating on the immune hyperreactivity [1, 7, 10, 18].

Bradykinin (BK) is a nonapeptide that belongs to the kinin family. Similar to angiotensin (ANG) and histamine, it is an active tissue hormone (autacoid) with various functions (Fig. 1) [24, 25, 26, 27, 28, 29]. However, its role is underestimated [28] and has not been fully elucidated so far. Bradykinin is an inflammatory mediator and a major endogenous regulator of endothelial function [26, 30]. It is known to reduce blood pressure due to its vasodilatory action, to increase capillary permeability, as well as to induce local angioedema, cough, and neuropathic pain [26, 27, 28, 30, 31].

Bradykinin is produced by kallikrein from high and low-molecular-weight kininogens. Its plasma proenzyme, bradykininogen, is converted to lysyl-bradykinin by the action of locally released tissue kallikrein and then to an active short-lived bradykinin metabolites (Fig. 2) by an angiotensin-converting enzymes: ACE 1 and 2 (Table 1 and Fig. 3) [1, 25, 26, 32], whose activities can be regulated by ACE inhibitors and angiotensin receptor blockers.

Bradykinin production is increased under the influence of FXII, FVII, complement activation, plasmin [33, 34, 35] and many others substances as mast cell tryptase and mast cell heparin. The main inhibitor of its production is C1 inhibitor [25, 26, 29]. Bradykinin exerts its effects mainly via its B₂

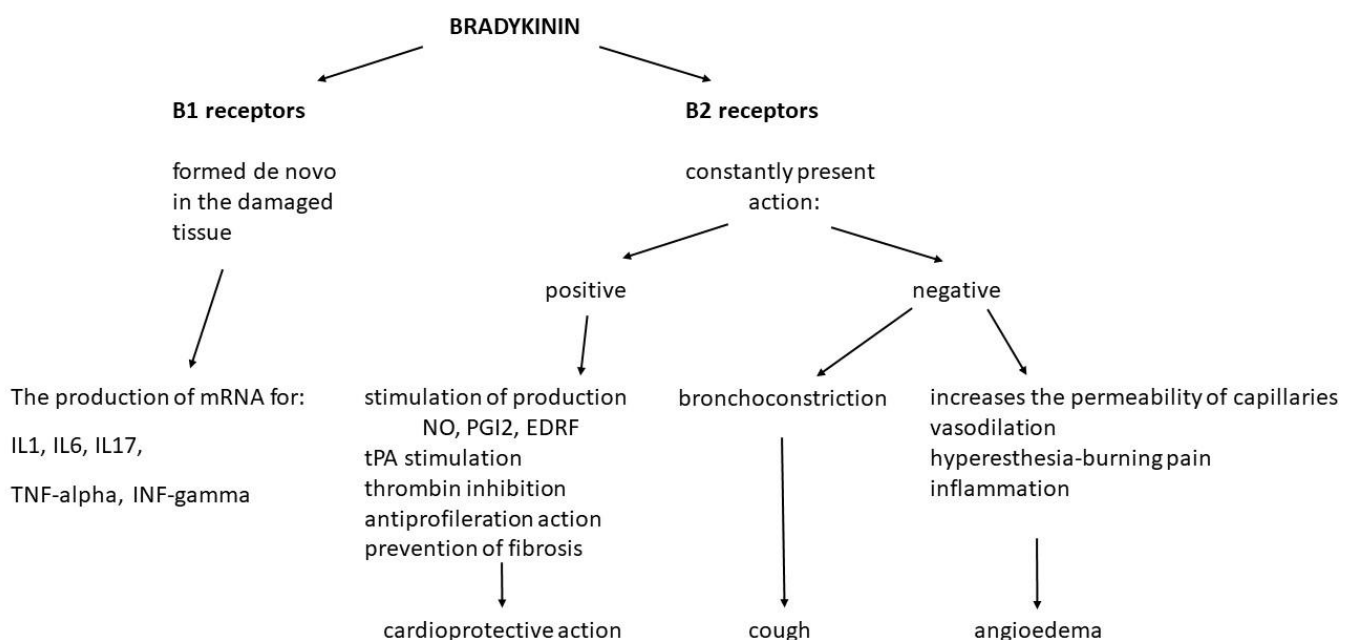


Fig 1: Bradykinin receptors action

Abbreviations: tPA - tissue plasminogen activator, PGI2 - prostacyclin; EDRF- endothelium-derived vascular relaxing factor.

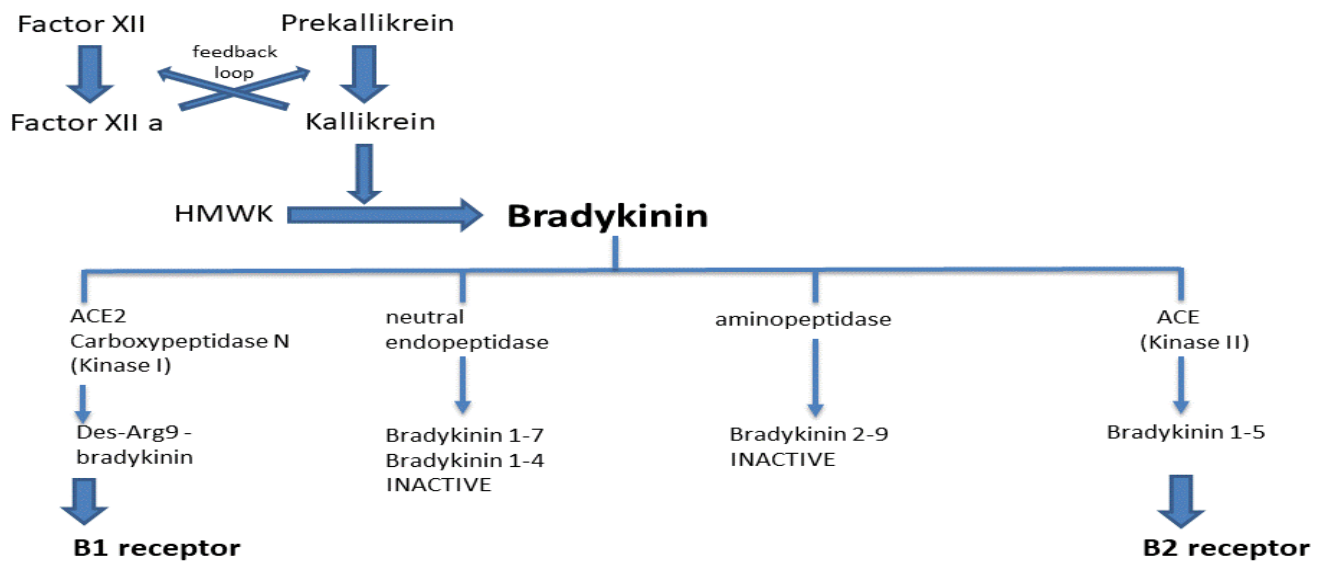
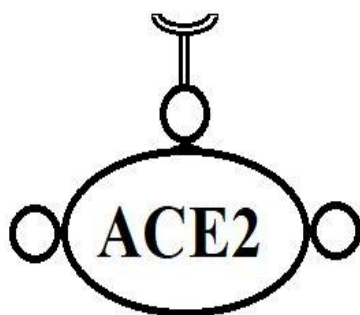


Fig 2 Bradykinin production and degradation

Abbreviations: ACE 1 (kinase II, angiotensin-converting enzyme), ACE 2 (kinase I, carboxypeptidase N), HMWK - high-molecular-weight kininogen.



Receptor for the SARS-Co V-2 virus

- stimulator **B1R** (via des ARG9 BK - ligand B1R)
- stimulator axis **Angiotensin II - Angio 1-7 MasER**
- inhibitor **RAAS** (via MasR & ATR2 > decrease ANGII)

Fig 3. ACE2 (carboxypeptidase N, kinase I)

and B₁ receptors [26, 27, 29,31, 32]. They are in constant cooperation with each other and with receptors of other systems, as angiotensin receptors, as well as with ACE2 and 1 (Fig. 3 and 4) [12, 13, 14,16, 37, 38, 39, 40]. B₂ receptors (B2R), are constitutively expressed and B₁ receptors (B1R), are activated *de novo* only in response to inflammation or tissue injury (Fig. 1) [26, 27, 31]. B2R receptors regulate the synthesis of inflammation mediators with opposite functions (Fig. 1). The first are mediators with a protective effect on endothelium, such as prostacyclin (PGI₂), nitric oxide (NO), endothelium-derived relaxing factor (EDRF), tissue plasminogen activator (tPA). These mediators reveal also antithrombotic, antifibrotic and antiproliferative effects [26, 41, 42, 43, 44, 45]. To the second group of negative mediators B2R (Fig.1) belong these promoting so-called bradykinin-induced cough reduced by B2R antagonist and acute bradykinin pain as well as symptoms

associated with burning mouth syndrome [26, 28] and mediators which induce vasodilation and capillar leakage observed in histopathological studies in severe symptoms phase in patients with COVID-19 [17, 20, 21, 22, 23, 47].

The activation of B1R in COVID-19 patients is potentially associated with the natural immune response to the entry of the virus. This reaction manifests itself in production of interferon gamma (INF-γ), pro-and anti-inflammatory cytokines involved in specific and nonspecific immune response (Fig. 4) [1, 11, 48, 49, 50, 51, 52, 53].

It appears that in patients with COVID-19 infection together with the illness progress in severe symptoms phase compared to the asymptomatic phase [54] we are dealing with chaotic complex immune dysregulation [55] connected with cytokine [1, 10, 11, 49, 50, 51, 52, 53, 56] bradykinin [1, 32, 56, 57, 58, 59] and may be also hyaluronian storm [1, 16, 19, 23], as well as chaotic activation of the complement system and fibrinolysis [34, 35] which leads to hyperinflammation, vasculitis as well as hypercoagulation [1, 37, 38, 60, 61 62] similar to that found in bradykinin angioedema due to C1-INH deficiency [25, 29, 63].

Considering given facts, we hypothesize two variants that correspond with severity of COVID-19 infection. Activation of B1R influenced by the increase of DABK occurs already in the initial, usually asymptomatic phase of COVID-19 [1, 10, 11, 26, 52, 54, 64] and is related to natural defense reaction of the immune system, with increase of IFNs as well as other pro- and anti-inflammatory cytokines. If activation is under control the patient recovers. Otherwise, when viremia is enhanced, there may be excessive activation of B1R and thus an increase in proinflammatory cytokines, especially harmful to endothelium IL-6 [1, 42, 44, 56, 57, 65, 66]. This, in turn, results in development of various organ complications observed in patients suffering from COVID-19 with a severe phenotype.

B2Rs are very active receptors involved in many processes and closely cooperating with B1R and many other systems receptors (Fig. 4) [1, 26, 67]. Their activation can have bidirectional effect on the systemic reactions. Physiological

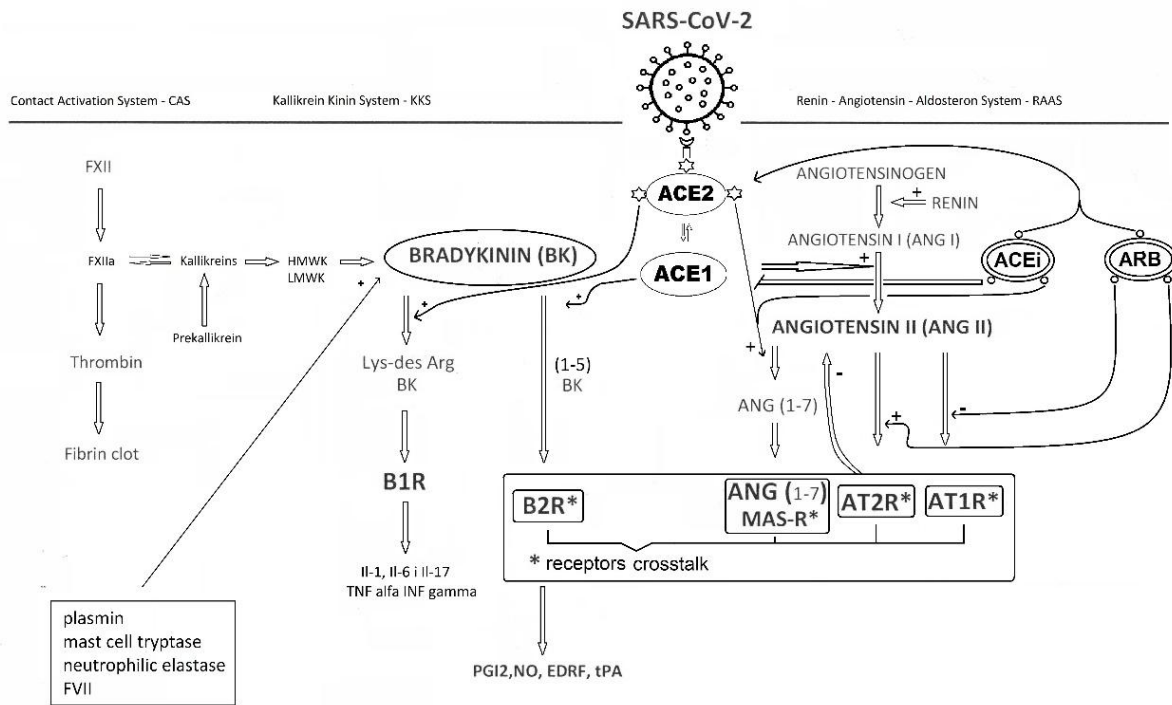


Fig 4 ACE2 in pathomechanism of COVID-19

Abbreviations:

- ACE1 – kinase II, angiotensin converting enzyme 1
- ACE2 – kinase I, carbocypeptidase N
- HMWK – high molecular weight kininogen
- LMWK – low molecular weight kininogen
- ACEi – angiotensin converting enzyme inhibitor
- ARB – angiotensin receptor blocker
- ATR1 – angiotensin II receptor 1
- ATR2 – angiotensin II receptor 2
- MASR – angiotensin 1 -7 receptor
- B1R – Bradykinin receptor 1
- B2R – Bradykinin receptor 2

Table I. Properties of angiotensin-converting enzymes (ACE2 & ACE1)

Enzyme type	Properties
ACE2	<p>SARS-CoV-2 receptor</p> <hr/> <p>metabolizes bradykinin to Des Arg9 BK (DABK) cleaves ANGI to ANG(1-7), ANG(1-9)</p> <hr/> <p>stimulates B1R via DABK-ligand B1R</p> <hr/> <p>stimulates axis ANG(1-7)-MasR-</p>
ACE 1	<p>metabolizes bradykinin mainly to BK1-5</p> <hr/> <p>cleaves ANGI to ANGII acting through the AT1R</p>

ACE 1 < feedback loop > ACE 2

ACE 1 and 2 act as a counter balance for RAAS

Table II. Properties of angiotensin-converting enzyme (ACEi) inhibitors and angiotensin receptor blockers (ARB)

ACEi :
Inhibit ACE1
Increase ACE2 expression
Increase BK level via blocking its metabolism
Activate B2R via stimulation of the ANGI-ANG(1-7)-MasR axis – B2R
ARB:
Inhibit AT1R > reduction of ANGI
Increase ACE2 expression
Activate ACE2
Activate the ANGI(1-7)-MasR axis
Suppress inflammatory cytokine release (TNF- α , IFN- γ , IL-1 β , and IL-6)
Increase the expression of anti-inflammatory cytokine IL-10

Abbreviations: ACE – angiotensin-converting enzyme; ACEi – angiotensin-converting enzyme inhibitor; ANGI – angiotensin, ARB – angiotensin receptor blocker; AT1R – angiotensin II receptor type 1; BK – bradykinin; IFN- γ – interferon γ ; IL – interleukin; TNF- α – tumor necrosis factor α .

activation of B2R is related to the induction of endothelium protective mediators such as NO, PGI₂, EDRF (Fig. 1) and cardioprotective action [26, 30, 42]. Hyperactivity and dysregulation of these receptors, that occurs in the course of various disease processes, can lead to cough and pain as well as olfactory and taste disorders often present in patients already in the early stage of COVID-19 infection. B2R are also responsible for endothelium injury, increased capillary permeability, vasodilation, coagulopathy, angioedema [25, 26, 68, 69,70].

Coming to BK, it is worthy to highlight its role as a natural antioxidant involved in maintaining homeostasis [72, 73]. It regulates the redox balance in a human body by feedback interactions (Fig. 4) with numerous cascade systems, such as RAAS, CAS, coagulation, fibrinolysis and complement systems [1, 26, 62, 70, 74, 75, 76, 77, 78, 79].

To play such a role it has a special biochemical feature namely, a very short half-life [24, 25, 26]. Its metabolism and inactivation are regulated by 4 peptidases (Fig. 2) [1, 26]. The main peptidase that catalyzes BK into its metabolites (mainly to BK1-5) which stimulate B2R is ACE1 – kinase II. (Fig. 4). However, ACE2 – kinase I (carboaminopeptidase N), presently known as a receptor for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [80, 81, 82, 83, 84, 85] is the only one of these 4 peptidases that metabolizes BK to desArg⁹BK (DABK), which acts as a ligand for B1R. It strictly show that further researches are needed to fully clarify interplay especially by BK, ACE1/2 and RAAS.

In conclusion:

1. BK and its receptors, B1R and B2R, seem to play a significant role in the pathomechanism of COVID-19. The changes in their activity depending on the stage and severity of COVID-19 infection aim to preserve homeostasis.

2. Activation and dysregulation of B1R in COVID-19 by ACE 2 via DABK is an important antiviral natural defensive reaction which induces pro- and anti-inflammatory cytokines release leading to hyperinflammatory reactions and especially to endothelium inflammation and vasculitis.
3. Activation and dysregulation of B2R via ANGI(1-7)-MasR axis triggered by ACE2, which causes increased levels of cardioprotective mediators (PGI₂, NO, EDRF) in an early stage of infection, is protective for endothelium. While its overexpression in a severe stage of COVID-19 enhances severity of the symptoms (vasodilation, hyperinflammation, coagulopathy and vasculitis).
4. Although not fully elucidated, it is speculated that the complex and dynamically changing immune environment during COVID-19 involves other molecules of humoral immunity as complement and plasmin systems.

We believe that without fully understanding the role of bradykinin, its receptors and monitoring of important inflammatory mediators in COVID-19 infection, we will not be able to program effective treatment, especially in severe cases [86]. As the pandemic is a major health burden of the 21st century so far, we feel obliged to perform further studies to solve this complicated dilemma.

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